



# Respectful, Resourceful, Resilient

A creative approach to learning where all pupils can succeed

# Newsletter Friday 17<sup>th</sup> September

This week's attendance was: 99.10%

# Remember to book your child's school dinners for the coming week!

Dear Parents/Carers,

I would like to begin this week's newsletter by saying how well the children have settled back into school routines and systems. With our bubbles being lifted, the children can mix during break and lunch times and the older children have been helping to support our younger children during lunch in the dinner hall. Our reception children have been engaging beautifully with their continuous provision activities, whilst becoming more familiar with our school rules; learning to turn take and problem solve together as a group.

Staff have begun exploring our wider curriculum with the children across the school. Our curriculum newsletters that have gone home today will give an outline of the range of topics that the children will be covering across the curriculum this term. I am pleased to welcome Mrs Jordan to our team. Mrs Jordan will be working with Mrs Winter in Oketor class to deliver MFL (Modern foreign languages) lessons this term.

A huge thank you to the Morris family who have very kindly offered their time and resources to rebuild and extend our existing forest school shelter over the summer holidays. We truly value providing opportunities for the children to learn outdoors and plan to utilise the amazing place and newly rebuilt shelter with all our children. Next week, Mrs Simmons will begin to run weekly group sessions for Oketor children and an after-school club for our children in Littlemoor. We would like to invite all our parents to come to the grand opening of the newly created space, please see more information in this week's newsletter.

To bring the children's learning to life and provide them with some real-life hands-on experiences, we have several trips and visitors planned for this term. Please see the information within the newsletter about some of the events we have planned. More trips to be announced in next week's newsletter.

As the weather is so unpredictable at the moment, please can all children bring a coat to school. Drinks bottles are also encouraged, as staff offer the children regular breaks throughout the day to keep themselves hydrated.

## BOOK AND BISCUIT AFTERNOONS



We would like to warmly welcome our parents back into the school again now that that we are able to have visitors in school. In our last parents' forum, we discussed the impact covid had on parents coming into the classroom and engaging with their children's learning. We would like to invite parents along to our fortnightly 'Book and Biscuit' afternoons. These will take place every two

weeks on a Friday afternoon from 2:15 - 2:35pm. Our book and biscuit afternoons are an opportunity for parents and carers to come into the classroom and share a reading book and biscuit with their child. As the sessions progress, we will also share the children's books so that you can see the fantastic learning the children have been completing in class. Our first book and biscuit afternoon will be on Friday 1st October from 2:15 - 2:35pm.

#### CELEBRATION ASSEMBLY



We have already begun our celebration assemblies this term. This is an opportunity to celebrate the fantastic achievements of learning in both classes as well as identifying someone who has demonstrated our school's value of the half term. This half term we are working on 'resilience', showing determination and great perseverance with our learning, even when things are tricky. We would like to invite our parents to join us each Friday afternoon from 2:35 - 3:00pm for our celebration assembly

starting from next week, Friday 24th September.

### CLIVE PIG VISIT



We are really pleased to welcome back Clive Pig, a renowned storyteller, to emerge Oketor class in their history topic of 'The Romans'. Clive will be visiting us on Wednesday 29<sup>th</sup> September. More information to follow next week.

### FAMILY PICNIC



To celebrate the grand opening of our fantastic outside forest school and sensory garden, we would like to invite all our Boasley families to an afternoon picnic in the school field. Mr Morrow, our CEO, will be coming along to open the area and our catering staff will be providing picnics for our families to enjoy. Please put the date in your diaries - Monday 4<sup>th</sup> October at 3pm. Fingers crossed for dry

weather so that we can celebrate the generosity of the community together.

Wishing you all a wonderful weekend.

Mrs Cook

School Diary	
2021	
Monday 21st	
Tuesday 22nd	Netball after school club KS2
Wednesday 23rd	OCRA Martial Arts after school club KS2
Thursday 24th	OCRA Multiskills after school club KS1
Friday 25th	Celebration Assembly 2.35pm – all welcome!

## **OFFICE HOURS**

Monday/Wednesday/Friday 8.30am to 3pm

Tuesday/Thursday 8.30am to 12pm
Please advise the office by 12pm if your
child's 'going home' arrangements are to
change for the day so that this can be
logged for safeguarding purposes.



# Our Star Learners this week



Isla for enthusiasm to learn within all areas of the curriculum.

Kieran for wonderful artwork in the style of William Morris.



# Our School Value Certificates this week



Charlotte for showing fantastic perseverance and resilience when forming the letters in her name.

Jack for showing great resilience in maths lessons. Even when the work was tricky, he carried on trying and was able to succeed.







If you are pregnant or have children under 4, you may be eligible to receive financial support towards fruit & veg, cows' milk, pulses, formula, & free vitamins!

Think you may be eligible or already receive Healthy Start?

You may also be able to order a FREE FRUIT & VEG BOX!

It will be delivered directly to your door in October with nutritious and delicious recipes. You will also get a guide to all things Healthy Start, including important changes coming this autumn when the scheme goes digital, and how to make the most of the scheme.



Order from devon.cc/getahealthystart

SATURDAY MORNING JUNIOR TENNIS

## **COACHING**

## **Okehampton & District Tennis Club**



WHERE? <u>OKEHAMPTON</u> <u>TENNIS COURTS</u>

WHEN? SATURDAY 2 October 2021 (last session 6 November)

TIME? <u>9.00 - 10.00 am</u>. (10.00 - 11.00 am)

**WHATAGE?** <u>6 - 10 Years old</u> (11 - 15 Years old)

**COST?** <u>£30 for 6 week course</u>

TO BOOK Telephone 07813 315376 or
AND PAY. Email marycary@hotmail.co.uk

Course run by Okehampton & District Tennis Club With LTA level 3 accredited coach - Nick Bond

# **Information for Organisations Working with Families**

## What is the Get a Healthy Start! Project?

Inspired by the recent Goodie Box project run by Devon County Council, this project will see boxes of fruit and vegetables delivered directly to the doors of families, along with recipes to prepare the produce and information on the <a href="Healthy Start">Healthy Start</a> Scheme. Boxes will only contain ingredients which can be purchased with Healthy Start, to give people some inspiration about how the entitlement can be used.

## **About Healthy Start**

You may already know about the <a href="Healthy Start">Healthy Start</a> scheme, where eligible pregnant women or families with children under 4 on low incomes can get financial support for fresh, frozen, and canned fruit and vegetables, cow's milk, infant formula, and free vitamins. This scheme can be a great support for families experiencing food insecurity and has been shown to enable increased spend on fruit and vegetables and improve nutrient composition of families' shopping.

Unfortunately, only about 48% of eligible families in Devon are currently receiving this important support. The scheme is set to go digital in the Autumn, and everyone will need to apply to receive it, even those already in receipt.

We hope the Get a Healthy Start! project can raise awareness of the scheme with eligible families and encourage them to sign up for the digital programme, support families in making the most of their Healthy Start entitlement and provide inspiration for nutritious meals based on main ingredients that can be bought using Healthy Start.

## Why Are We Doing It?

The COVID-19 pandemic has brought a year of difficulty for many people. Recent research has shown that levels of food insecurity in Devon are shockingly high, and families with children are even more likely to be experiencing food insecurity; 47% of households with 3+ children and 25% with 1-2 children were experiencing food insecurity earlier this year. We hope this promotional project will help increase awareness of and sign up to the scheme to maximise the number of residents who are accessing the financial support they are entitled to, and also minimise the risk that those who receive Healthy Start currently will have their support stopped when digitisation takes place.

#### What will the box include?

Boxes will contain the following:

- Fresh fruit and vegetables
- Booklet containing recipes, information and support on Healthy Start and useful signposting information
- Healthy Start vitamins for children or women, depending on option selected
- Fun 10 minute shake up games to help keep children active
- Breastfeeding support information

We hope the boxes will give families a chance to have fun cooking new recipes together, which are tasty, nutritious, and affordable.

There are also some great tips on how to stay healthy, prevent food waste and other support available that may be of interest.

#### Who can receive a box?

The project is open to any families eligible for Healthy Start, living in the Devon County Council area. The eligibility criteria is below:

Being pregnant or having at least one child under four

AND

Receiving any of the following:

- Child Tax Credit (only if your family's annual income is £16,190 or less)
- Income Support
- Income-based Jobseeker's Allowance
- Pension Credit (which includes the child addition)
- Universal Credit (only if your family's take-home pay is £408 or less per month from employment)

Families will also be eligible if one of the following applies:

- Under 18 and pregnant, even if not claiming any benefits
- Claim income related Employment and Support Allowance (ESA) and are over 10 weeks pregnant
- Receive Working Tax Credit run-on only (received in the 4 weeks immediately after you have stopped working for 16 hours or more per week)

There are a limited number of boxes available so this will be on a first come first serve basis. Orders will be accepted up until 24th September at 12 noon or until all boxes are allocated.

#### How do families order a box?

Families can order a box directly from devon.cc/getahealthystart

This form will close when all boxes are allocated, OR on 24th September midday at the latest.

We hope organisations will help us promote this directly with the families they are in touch with e.g., through direct contacts, email, text or social media.

## Which recipes will the box contain?

Families will receive a box with some exciting new recipes to try along with the fruit and vegetables to make them.

The produce included in the box will enable families to make the following recipes:

- Singapore Style Stir Fry Noodles
- Mighty Minestrone Soup
- Garden Pie
- Tasty Tagine with Butternut Squash
- Easy Omelette Bites
- Creamy Rice Pudding with Autumn Fruit Swirl

Each recipe will have tips on:

- · how to swap or add ingredients (including meat and fish)
- healthy eating
- · how to introduce infants to solid food
- how to prevent food waste
- how to get children safely involved in preparation

#### How will boxes be delivered?

Boxes will be delivered directly to the homes of families by the suppliers Devon Norse / Total Produce. All boxes will be delivered between 18th and 31st October.

Shipping information will be provided directly to families, so up to date email addresses are helpful where possible.

#### What equipment will families need?

Oven Sharp knife Grater

Frying Pan Chopping board Muffin tray (optional)

Spatula / wooden spoon Saucepan Cutlery Ovenproof dish

#### How will this be evaluated?

We will be seeking feedback directly from families, which can be provided using this form: https://forms.office.com/r/vLBsHAnw13

Any families who send feedback will be entered into a prize draw to win £60 of supermarket vouchers.

#### Template Email for Sharing with Families

Dear \*\*\*\*\*.

# Get a Healthy Start - Free Fruit and Vegetables with Easy, Fun Recipes when you sign up to Healthy

We are emailing with details of the Get a Healthy Start! promotion which may be of interest to you. This is free to anyone eligible for Healthy Start and living in the Devon County Council area. If you are pregnant or have children under 4 and are on certain benefits, you may be able to receive money towards fruit, vegetables and milk, and access to free vitamins. Check the eligibility criteria for Healthy Start here.

Get a Healthy Start! is a promotional project being run to raise awareness of the upcoming changes to Healthy Start, which is due to go digital in the Autumn. It is hoped the contents will provide an opportunity to have fun cooking together as a family, give inspiration for different ways you can use and make the most of the Healthy Start entitlement, and encourage sign up to the digital scheme when it goes live mid-autumn.

#### What would I receive?

Families who sign up for Get a Healthy Start! will receive a box of fresh fruit and vegetables delivered straight to their door in October, as well as a step-by-step guide on how to cook simple and delicious recipes together as a family using the produce. The recipes are suitable for weaning age children and have modification suggestions to suit your tastes.

The recipes included are:

- Singapore Style Stir Fry Noodles
- Mighty Minestrone Soup
- Garden Pie
- Tasty Tagine with Butternut Squash
- Easy Omelette Bites
- Creamy Rice Pudding with Autumn Fruit Swirl

Boxes will be delivered directly to your door between 18th and 31st October - delivery information will be provided after sign up via email.

#### How do I sign up?

Determine your eligibility and order a box directly at devon.cc/getahealthystart Best wishes.

#### Template Text for Sharing with Families

Pregnant or have children under 4, and receiving benefits? You might be eligible for Healthy Start, where you can get free vitamins and money towards fruit, vegetables and milk. For inspiration on how to use Healthy Start, go to devon.cc/getahealthystart and order a free box of fruit and vegetables directly to your door, along with the recipes to prepare them.

#### Template Social Media Post

Interested in a free box of fruit and vegetables delivered directly to your door, along with family friendly recipes to prepare them? If you are eligible for Healthy Start, you can order yourself a box as part of the Get a Healthy Start! initiative here: devon.cc/getahealthystart

This is designed to promote Healthy Start, where pregnant women and families with children under 4 on benefits can get free vitamins and money towards fruit, vegetables and milk. This scheme is set to go digital this Autumn. Go to www.healthystart.nhs.uk for more information about Healthy Start.

For any queries about the scheme, email publichealth-mailbox@devon.gov.uk

# **Okehampton Library**



#### The LIBRARY

It's **easy and free** to use your library

You can borrow books, take part in activities and use our computers or Wi-Fi. It's free to become a member of the library, either join online or by visiting staff in the library.

- A huge range of stories from the classics through to popular series, the latest bestsellers, and graphic novels within our Junior and Teen library.
- Easy Reads for children learning or struggling to read.
- Information books to help with learning, homework and hobbies/interests
- All of these books are free to borrow and reserving of stock is free for children.
- We have stories on CD's which are free to borrow and films and TV programmes on DVD which may be hired by adults.

## **Our online resources**

We have a range of free resources that all library members can access online:

- A large selection of eBooks to download or stream on <u>Libby</u>. Ranging from junior 'beginner reads' for children learning through to read to teen reads.
- A range of eAudiobooks to download or stream via BorrowBox and Libby.
- A selection of eMagazines and eNewspapers are available on Libby
- Online reference resources at **Devon Libraries**.

## **Book Amnesty 8 September – 8 October**

Got an overdue book on your conscience? 🗏

Couldn't face returning that DVD after losing it down the back of the sofa three years ago? Return your horribly overdue items to your library during our Book Amnesty, and your fine will be waived, no questions asked

## Saturday 2<sup>nd</sup> October ~ Okehampton Fun Palace 09:30-12:00

Fun Palaces is a national campaign to put culture in the heart of local communities. It is an annual weekend of action - arts, science, craft, tech, digital, heritage and sports. We are offering a creative community morning of free taster activities. If you would like to take part, sharing a skill or learning a new one, please contact Okehampton Library.

Current activities include ukulele and patchwork.

For more info about Fun Palaces visit their website. <u>funpalaces.co.uk</u>

## **Tuesday 5 October ~ Celebrating 'Libraries Week'**

**08:00-10:00** ~ A cuppa and a croissant. Pop in before school for a book.

18:00-20:00 ~ Late Night Library Opening, with light refreshments.

*View our local history collections*, including the Wardhayes picture collection, which is located throughout the library building.

All our usual library services will be available, and staff will be on hand to tell you about all our digital services.

**Half Term Event, 25th - 30th October** - TBC, please check our Facebook page or website for details: www.devonlibraries.org.uk/okehamptonlibrary

**READING WELL Collection for children** - Books to help you feel better A collection of books free to borrow from Okehampton Library.

Reading Well for children recommends reading to help you deal with worries, feel better and boost your mood. The books have been chosen by children, carers, health experts and librarians.

## **Devon Libraries is part of Libraries Unlimited**

Libraries Unlimited is a registered charity. Every penny raised goes directly towards library services that help make a difference to people's lives and communities. To donate, please visit librariesunlimited.org.uk

# **Devon Libraries is part of**





## **Regular events**

#### **Adults**

## Every Tuesday 13:30-14:30- Knit & Natter

Bring along your knitting, stitching, crochet or other portable project, for a chat with like-minded crafters. Tea and coffee available at 50p a cup. Knit and Natter takes place in the children's area of the library. A small selection of baby toys will be available during these sessions.

## **Children and Young People**

## Tuesdays 10:00-10:20 & 11:00-11:20 - Bounce & Rhyme

For under 5s and their carers

Free – booking in advance essential

### Wednesdays 09:30–10:15 - Duplo Builders & Storytime for ages 0-5

Free - no booking necessary

## Saturdays 10:30–11:30 Lego Builders for ages 5+

Free - no booking necessary

### **Book Track for ages 6**+ during library opening hours

Free, ask staff for further details

## Children under 8 must be accompanied to all events by a responsible adult

### Please see our library

Okehampton Library, 4 North Street, Okehampton EX20 1AR 01837 52805 okehampton.library@librariesunlimited.org.uk website or Facebook page for any additional events and library services <a href="www.devonlibraries.org.uk">www.devonlibraries.org.uk</a>



## **Opening Hours**

Monday 09:00-17:00
Tuesday 09:00-18:00
Wednesday 09:00-13:00
Thursday 09:00-17:00
Friday 09:00-18:00
Saturday 09:00-13:00