



Allergen Matrix

Dartmoor Mat - 2023 Mary Tavy, Lydford, Boasley Cross and North



Ley

Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya

Chocolate Cookie													
Jacket Potato with Beans													
Jacket Potato with Cheese													
Primary Leek and Potato Bake, Roast Potatoes, Vegetables & Gravy													
Apple Muffin													
Banana and Blueberry Sponge													
Beef Hot Pot and Sauteed Cabbage & Gravy													
Butchers Sausage, Mash , Seasonal Vegetables and Onion Gravy													



Carrot Cake					 <i>Wheat</i>									
Chocolate Squash Brownie					 <i>Wheat</i>									
Coconut Cookie					 <i>Oats, Wheat (Barley*)</i>									
Flapjack					 <i>Oats (Barley*, Wheat*)</i>									
Fruit Platter														
Jacket Potato with Tuna Mayo														
Jacqui's ABC Cake					 <i>Wheat</i>									
Jam and Coconut Sponge					 <i>Wheat</i>									
Lemon Drizzle Cake					 <i>Wheat</i>									
Oaty Cookie					 <i>Oats, Wheat (Barley*)</i>									
Primary - Margherita Pizza with Wedges & Sweetcorn					 <i>Wheat</i>									



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Primary - Roast Pork , Roast Potatoes, Seasonal Vegetables, Gravy													✓	
Primary Beef Burger, Chips and Peas					✓ Wheat							?		
Primary Beef Chilli, Rice, Sweetcorn & Nachos					?(Barley*, Wheat*)		?						✓	?
Primary Beef Lasagne, Focaccia and Salad Sticks			?		✓ Wheat		✓		?				✓	?
Primary- Broccoli and Cauliflower Bake, Roast Potatoes, Vegetables and Gravy							✓						✓	
Primary Brunch Bar					?(Wheat*)		?						✓	
Primary Brunch Bar - Vegetarian					✓ Wheat		?						?	
Primary Butternut Squash and Sweet potato bake with Roast potatoes, seasonal veg and Gravy							✓						✓	
Primary Chicken Bites Chips and Crushed Peas					✓ Wheat									
Primary Chicken Enchilada with Vegetable Rice					✓ Wheat		✓							



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Primary Courgette and Veggie balls with Tomato penne, Focaccia bread and Green salad					✓ Wheat				✓				✓	?
Primary Dartmoor Beef Meatballs in Tomato Sauce, Penne Pasta, Homemade Bread and Green Salad					✓ Wheat				✓				✓	?
Primary Dartmoor Sausage Yorkie Wrap With Mash Potatoes and Seasonal Veg			✓		✓ Wheat		✓						✓	
Primary Fish Fingers, Chips and Beans or Salad				✓	✓ Wheat									
Primary Halloumi Burger, Chips, Baked Beans or Peas					✓ Wheat		✓					?		
Primary Hunters Chicken, Potato Wedges and Salad							✓						✓	
Primary Leek and Mushroom Crumble with Creamy Mash, Seasonal Veg and Onion Gravy					✓ Oats, Wheat (Barley*)								✓	
Primary Macaroni Cheese, Focaccia Bread & Salad					✓ Wheat		✓		✓					?
Primary Quorn Sausage, Chips and Peas					✓ Wheat									
Primary Quorn Toad in the Hole with Mashed Potato and Seasonal Vegetables			✓		✓ Wheat		✓						✓	



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Primary Roast Gammon, Roast Potatoes, Vegetables , Gravy													✓	
Primary Roast Turkey, Roast Potatoes, Vegetables, Gravy													✓	
Primary Salmon Bites, Chips, Baked Beans or Peas				✓	✓ <i>Wheat</i>									
Primary Tomato and Cheese Pasta Bake, Focaccia Bread and Salad					✓ <i>Wheat</i>		✓		✓					?
Primary Vegetable Frittata with Wedges and Salad			✓				✓						✓	
Primary Vegetarian Hot Pot with Sauteed Cabbage													✓	
Primary Veggie Nuggets, Chips and Beans					✓ <i>Wheat</i>									
Primary Veggie Nuggets, Chips and Peas					✓ <i>Wheat</i>									
Raspberry Ripple Shortbread					✓ <i>Wheat</i>									