



**Dartmoor**  
MULTI ACADEMY TRUST



Dear Parents and Carers,

Welcome to the final weekly plan for the Summer Term!

We want to support you and your families as much as possible by providing help and support with the disruption to the daily routines that your child is experiencing, particularly in relation to their learning and education.

As well as your weekly plan, please keep an eye on your class posts on Dojo. Submitted home learning will earn points and the app is so easy to use. Class Dojo is a fantastic resource to communicate remote learning.

In order to get the most out of this remote learning provision, we do ask that the following is adhered to:

1. Teachers will respond to learning submitted during school hours but please be aware that they will be teaching at school too. If submitted outside school hours teachers will respond the next day or as soon as they are able to.
2. Parents should refrain from using this method of communicating with teachers, unless it is home learning related.
3. Parents who wish to contact members of staff on anything other than home learning should do so through traditional channels of e-mailing the school.

The key message is 'do what you can'. We are all learning in this new and fast-changing climate. Build in breaks, and, if you can, try to find time for your child to go outside and promote physical activity as much as possible. Our recommended life skills are a great way to promote responsibility in the home. Above all, please do not put extra pressure on yourselves or your children and if we can help in any way, do get in touch.

With kind regards,  
Mrs Gardner

## **Summer Holiday Activities**

Please keep reading over the Summer Holidays as it's so good for your mental health, general wellbeing and developing your knowledge of adventurous vocabulary!

Try reading a range of books; fiction, non-fiction, comics, newspapers, brochures etc. You can post pictures on Class Dojo over the Summer if you find something interesting or exciting that you would like to share, especially if you go somewhere new.

Don't forget to find out where you go as well - maybe keep a diary or a record of places you explore. We'll be able to add all the places you've visited on a map in September!

### **This week**

Planning ideas for this week are slightly different and less structured than in previous weeks.

Please choose any of the different activities to attempt this week and post on Dojo - I look forward to seeing your results.

#### **Online learning resources:**

Nessy: [www.nessy.com](http://www.nessy.com) (pupils with access only)

Read theory: [www.readtheory.org](http://www.readtheory.org)

BBC Bitesize: <https://www.bbc.co.uk/bitesize/primary>

Literacy shed: [www.literacyshed.com](http://www.literacyshed.com)

Primary Resources: [www.primaryresources.co.uk](http://www.primaryresources.co.uk)

Spag.com <https://www.spag.com/> (pupils with access only)

Phonics Play <https://www.phonicsplay.co.uk/>

Letters and Sounds <http://www.letters-and-sounds.com/>

Topmarks <https://www.topmarks.co.uk/>

ICT Games <https://www.ictgames.com/>

## Maths

Have a go at baking/cooking and use your knowledge of weight and mass Baking is a fantastic way to apply a range of maths skills and you can enjoy some cakes and biscuits at the same time. I have put some links to tried and trusted recipes so why don't you have a go at following the method and help with weighing ingredients and reading the numbers on the scales.

<https://www.bbcgoodfood.com>

<https://tasty.co/article/melissaharrison/cooking-with-kids>

## Design and Technology

Can you create your own model using any recycling at home?

Try and create something that we have worked on over the Home Learning period, eg. Planets, Anglo Saxons, farming, superheroes, rivers or continents. Be as creative as you can and upload a photo of your end product on Class Dojo.



## English

Can you plan and write a story?

Pick a main character, a setting and a special object (such as a magic key, a treasure map, a broken lamp or a buried time capsule) and let your imagination run wild!

Once you have finished your story, think about how you are going to present it. You might like to create a book and write your story within it or you could type it up on the computer.

## Science

How strong is spaghetti?

One strand of spaghetti is not that strong but this experiment shows the strength that there is in numbers. Add different objects slowly (as shown in the picture) and see how many blocks you can add before the spaghetti snaps.



STEM Challenge:  
**How Strong is Spaghetti?**



FrugalFun4Boys.com

## PSHE

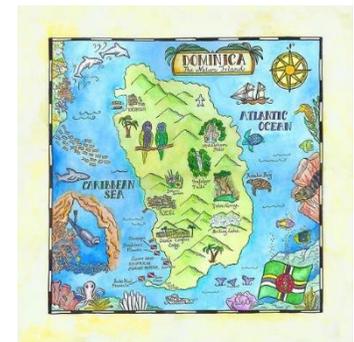
Reflect on your year in Dartmoor.

What have you enjoyed? Is there a lesson or event you particularly remember? This might be our forest school sessions, Science experiments or making Glitter Shakers. Create a collage or poster of your favourite parts.



## Geography

Design your own country. Give it a name and draw its outline on a big piece of paper; plot its capital city, some exciting landmarks and interesting places to visit. What type of animals and plants can be found in your country? What language is spoken, what food is eaten and what is the national currency?

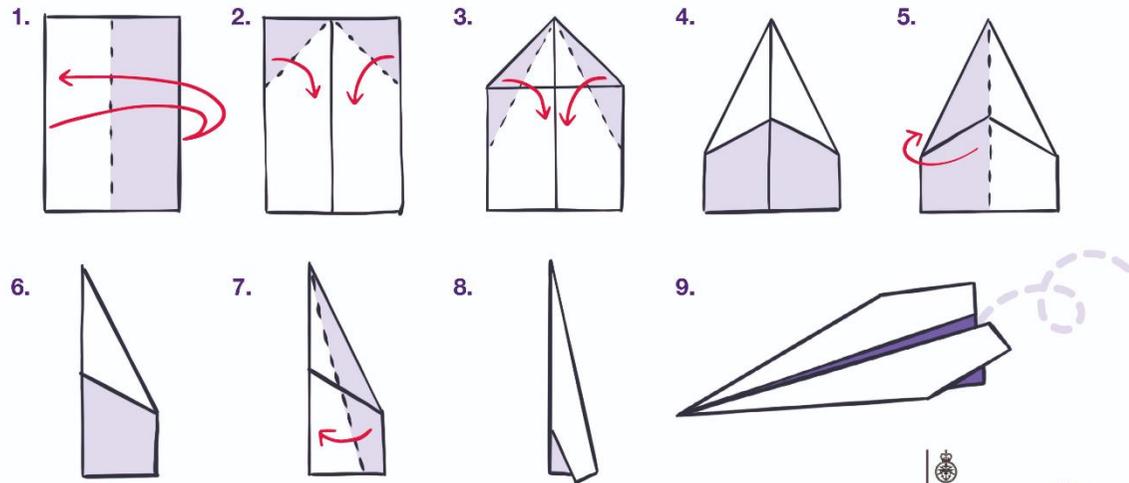


## Time for something different!

I asked the children in class this week about what they would like to do for afternoon activities next week. They came up with the following suggestions - I thought you might like to have a go yourself!

### Paper aeroplane competition

Try out different designs for paper aeroplanes and measure how far they fly! Can you beat your partner's flight length?



#DESCHALLENGE

# Scavenger Hunt - don't forget to tidy up afterwards!

## Indoor Scavenger Hunt

How many of these items can you find around the house?

- |   |  |
|---|--|
| <input type="checkbox"/> stuffed bear    | <input type="checkbox"/> flashlight         |
| <input type="checkbox"/> paper airplane  | <input type="checkbox"/> mug or cup         |
| <input type="checkbox"/> random sock     | <input type="checkbox"/> keys               |
| <input type="checkbox"/> sunglasses      | <input type="checkbox"/> alarm clock        |
| <input type="checkbox"/> book            | <input type="checkbox"/> measuring tape     |
| <input type="checkbox"/> crayon          | <input type="checkbox"/> ball of any sort   |
| <input type="checkbox"/> toy truck       | <input type="checkbox"/> scarf              |
| <input type="checkbox"/> potted plant  | <input type="checkbox"/> building blocks  |
| <input type="checkbox"/> ruler         | <input type="checkbox"/> baby doll        |
| <input type="checkbox"/> toothpaste    | <input type="checkbox"/> salt and pepper  |

## OUTDOOR SCAVENGER HUNT

- |   |   |
|---|---|
| <input type="checkbox"/>  1 GREEN LEAF | <input type="checkbox"/>  BIRD         |
| <input type="checkbox"/>  1 BROWN LEAF | <input type="checkbox"/>  A WEED       |
| <input type="checkbox"/>  3 STICKS     | <input type="checkbox"/>  BUTTERFLY    |
| <input type="checkbox"/>  SPIDER WEB   | <input type="checkbox"/>  TREE         |
| <input type="checkbox"/>  BUG          | <input type="checkbox"/>  CLOVER       |
| <input type="checkbox"/>  WATER        | <input type="checkbox"/>  FEATHER      |
| <input type="checkbox"/>  SMOOTH ROCK | <input type="checkbox"/>  BEE         |
| <input type="checkbox"/>  ANTS       | <input type="checkbox"/>  PINECONE   |
| <input type="checkbox"/>  FLOWER     | <input type="checkbox"/>  GRASS      |
| <input type="checkbox"/>  CLOUD      | <input type="checkbox"/>  TREE STUMP |

**Build a fire and roast marshmallows - PLEASE ONLY DO THIS WITH AN ADULT PRESENT!**



Painting or sketching



## Make salt dough

Make different coloured dough and create an underwater aquatic themed 3-d picture.

### Salt Dough Recipe

- 4 cups of flour
- 1 cup of salt
- 1 ½ cups of water
- Food colouring (optional)

Mix dry ingredients and then pour the water. Use more water if the dough doesn't come together.

## Junk modelling

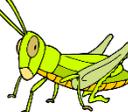
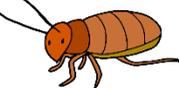


## Bug Hunting

Go on a walk or check out what is in your garden. You could use the checklist or make your own.

Just be careful not to disturb any of the bugs and be aware that some might bite or sting!

# BUG HUNT CHECKLIST

- |   |  |
|---|--|
| <input type="checkbox"/>  ant              | <input type="checkbox"/>  beetle    |
| <input type="checkbox"/>  bee              | <input type="checkbox"/>  butterfly |
| <input type="checkbox"/>  caterpillar      | <input type="checkbox"/>  centipede |
| <input type="checkbox"/>  dragonfly        | <input type="checkbox"/>  fly       |
| <input type="checkbox"/>  grasshopper     | <input type="checkbox"/>  ladybug  |
| <input type="checkbox"/>  praying mantis | <input type="checkbox"/>  roach   |
| <input type="checkbox"/>  spider         | <input type="checkbox"/>  worm    |

www.MaryMarthaMama.com featuring clipart from David's SIMPLE TEACHING

### Movie and popcorn afternoon

As a treat, have a movie and popcorn afternoon - not if the sun is shining though. Enjoy!



## Keeping active

- Create an obstacle course and time yourself
- A long walk with your family
- Running
- Cycling
- Joe Wicks home workouts

<https://www.youtube.com/user/thebodycoach1>



**Joe Wickes is only on Monday/Wednesday and Saturdays now!**



## Challenges

Try some Go Noodle for a change to get your heart pumping:

<https://app.gonoodle.com/>

<b>Pretend you are a statue for 20 seconds</b>	<b>Hop on one leg 13 times - and then the other!</b>
<b>Stand on your tiptoes for 15 seconds</b>	<b>Crouch down as small as you can for 30 seconds</b>
<b>Stand on your head for 20 seconds</b>	<b>Do 20 squats</b>

## PSHE

Life in lockdown can be difficult, we can find ourselves missing friends, school, family and other things which make us feel happy. It is important that we focus on some of the good things that have come out of lockdown. This week, I want you to try a meditation and relaxation activity.

<https://www.youtube.com/watch?v=WhlQUrldYkE>

The above link will take you to a yoga mindfulness and relaxation activity with Cat Meffan; a leading yoga specialist on You Tube. Mindfulness and yoga go hand in hand; it provides an opportunity to relax, to ease stress, to stretch our muscles, reduce anxiety and create safe spaces for us to relax. During such uncertain times, finding that time to unwind, relax and alleviate stress is extremely important. Try this out and enjoy the relaxation!



## Life skills - An ongoing task:

Tick off each life skill activity as you do them. If you do some that I haven't thought of please tell me on Class Dojo and I can reward you. It would be great to see some photos or videos of you in action! .

Make your bed.	Memorise your full address including post code.	Make your own breakfast and clear up afterwards.	Sweep the floor or use the Hoover to clean a room.	Chop up some fruit or vegetables.
Tie shoe laces - if you don't have any on your shoes or trainers then practise on someone else.	Change your bed, including duvet cover and pillow cases.	Write a shopping list that would give your family a day's meals.	Clean the bathroom or at least the sink! Make sure you remove all the toothpaste splashes	Brush your hair and learn to put a bobble in your own hair or someone else's.
Wrap a present - it could just be an empty box in newspaper when you get confident try tricky shaped objects.	Wash the outside of the car or clean the inside or clean your bike.	Fold a pile of clothes neatly and sort out one of your own clothes drawers.	Learn the alphabet and when you know it ask someone to say a letter and see if you can remember the letter that comes before and the one that comes after	Load the top shelf of the dishwasher if you have one, if you don't then handwash a bowl of saucepans.
Feed a pet if you have one, if you don't then make a snack for a parent!	Lay the table for your whole family for a meal	Memorise one of your parent's phone numbers. Try to learn both if you are super confident.	Wash a bowl full of dishes, dry up and put it all away	Choose and prepare your own lunch, making sure it is balanced and healthy and clear up afterwards.